

Newsletter Peace Herald

PEACE PUBLIC SCHOOL
Ferozepur Road, Ludhiana



Investiture – The Oath Taking Ceremony

The solemn Investiture Ceremony was held with great vitality and vigour, ennobling the students with new responsibilities and obligations. The Junior Wing Student Council was felicitated with badges and sashes on 6th May, 2022. The atmosphere brimmed with positive and pleasant vibes. Proud parents and students were spellbound as they witnessed the ceremonial parade of the Student Council members. The oath was administered by the Principal, Ms. C.K. Jeeja. Professor S.C. Jain, the Chairman of the school and Ms. Usha Jain, the Director congratulated the members of the Junior Wing Student Council and inspired them to accomplish the motto of the school. Tejveer Singh Bhatthal was sworn in as the Head Boy and Rehat Kaur Oberoi as the Head Girl of the Junior Wing.

The Senior Wing Student Council was bestowed with badges on 25th July, 2022. Eloquent speeches by the newly elected Head Girl, Isha Gupta and Head Boy, Jaztejvar Singh Gill etched a mark on the audience. The newly elected council members promised to perform their duties with utmost sincerity and dedication, promising a year full of excellence and integrity.



From the Editor's Pen

It brings me immense pleasure to share with you the twelfth edition of Peace Herald. After a long and aggravating pandemic, it is exhilarating to be back to school; where memories are made, knowledge is imparted and personalities are chiseled. Education is the first and foremost pillar of success. The school constantly strives to make learning effective by incorporating fun filled curricular activities.

Peace Herald is published to exhibit the enviable talent, admirable intelligence and ineffable creativity of our students. A plethora of activities are conducted in the school allowing our students; our flowers to flourish in goodness. At Peace, students are taught the values of introspection, discipline and respect – the basic morals which are crucial for a successful and contented life.

Our newsletter encapsulates the memories, happiness and success that our students have brought to the school.

I am extremely grateful to my fellow peers, wonderful teachers and most importantly, our honourable Chairman Professor S.C. Jain, worthy Director Ms. Usha Jain and Principal Ms. C.K. Jeeja for establishing academic as well as co-curricular excellence in the school. Peace Public School has and always will be a flower deeply rooted in goodness, forever ready to accomplish new challenges.

Mansha Sharma
Student Editor

Readability Tutor

We are delighted to introduce the Readability Tutor – a step to inculcate the habit of reading among kids. This app helps students dive into text on their own terms and strives towards building voracious and skillful readers.



Exuberant Festivities

An Extravaganza of Patriotism & Vibrant Hues

Drenched in the patriotic fervour & the vibrant hues of Teej, Peace Public School celebrated the Independence Day & Teej Festival with great vitality and vigour. The campus donned a festive look and was embellished in the vivid tint of tricolour. The Chief Guest, Mr. Naresh Kumar Jain hoisted the National Flag to commemorate the platinum jubilee of India's Independence. The March Past by the students was in perfect sync to the beats of the drum and was a feast to the eyes. The cultural fiesta was demonstrated through soulful dances, mellifluous patriotic songs and eloquent speeches. The function concluded with *Saare Jahan Se Acha* and imbued patriotic spirit in one and all.



Janmashtami CELEBRATIONS



The tiny tots celebrated the birthday of Natkhat Nandlal with keen fervor. The kids came decked up in the exquisite attires of Lord Krishna, Radha and Gopi, lending a personal aura to the pious occasion. The story of the birth of Lord Krishna was demonstrated beautifully. The little ones rocked Lord Krishna's cradle and danced merrily to the tunes of devotional songs. The motive behind the fun-filled celebration was to imbue cultural and traditional values in the kids.

BAISAKHI Celebrations

The school Auditorium buzzed with resplendent celebrations as the dazzling stars of Peace celebrated the auspicious festival of Baisakhi with exuberance. The kids were submerged in the beaming fervour and exhibited their joy by rejoicing and celebrating the festival of Baisakhi in style by dancing to the beats of bhangra thus keeping the festive spirit alive.



Campus Rendezvous

Reuniting with Mother Earth EARTH DAY Celebrations

Earth Day was celebrated with endless zeal and zest at Peace Public School. The ebullience of the Peacians came to the fore and could be manifested by their participation in Earth Day activities. They reconnected with nature by enjoying an unbridled nature walk. They also took an enthusiastic step towards making the environment greener by planting saplings, making bird feeders and designing beautiful posters. The Kindergarten teachers guided the kids to become the saviours and guardians of the Blue Planet.



MOTHERS DAY A Fiesta of Emotions

The ineffable love of the exuberant Peacians towards their mothers could be witnessed as they enthusiastically participated in the Mothers Day Celebrations. Keeping the spirit of this special day alive, the kids extended their gratitude towards their mothers by engaging themselves in a myriad of activities. The budding Stars gave stupendous performances and made their mothers feel special by gifting them a handcrafted token of love. The staggering and undying enthusiasm of the kids garnered appreciation from their dear mothers. It was indeed an amazing display of talent, verve and ecstasy.

MAY DAY Celebration

"Without labour nothing prospers".

Labour Day was celebrated by the Peacians with great vitality and vigour, wherein they appreciated the infallible zest of the people who make their lives easier, the ones who do menial jobs with a smile. As a small token of appreciation and to commemorate the selfless service and relentless hard work of the support staff, the kids enacted a Nukkad Natak highlighting their unconditional help, utmost dedication and allegiance towards work. It was indeed a celebration with a difference as the kids understood the significance of the most important people in our society.

A DAY DEDICATED TO THE NATION BUILDERS - Teachers Day Celebrated

Teachers had a gala time on the occasion of Teachers' Day. The students showered their love for their dear teachers by dedicating various performances to them. They were revered for illuminating the lives of the students. A grand party was organised to make them feel all the more special on their special day.



HEALTH Plus

Students health and well being has always been the top most priority of the school. Keeping in mind this objective, various health check-up and vaccination camps were organised for the students.



Capacity Building Workshops for Educators

Teachers play a significant role in shaping the lives of the students. They instill knowledge, kindle inspiration and encourage creative thought in them. We at Peace ensure that our teachers are equipped with the latest aspects of education. So, throughout the year teachers are given ample opportunities to chisel their skills through various capacity building workshops.



Workshop on the **IMPORTANCE OF MENTAL HEALTH AWARENESS** (13/09/22)

An enlightening and interactive session creating awareness about Mental Health was held at Peace Public School. The guest speakers Mr. Ravish Kumar and Manoj Kumar from the Global Child Wellness Centre, Sarabha Nagar deliberated upon the need to make mental health and well being a top priority. They apprised the educators with various techniques pertinent for moderating anxiety by engaging them in a multitude of mind mellowing activities.

Workshop on **EDUCATORS FOR EXCELLENCE** (29/08/22)

A workshop on Outcome Based Learning was attended by the teachers of Peace Public at Radisson Blu Ludhiana. The learned resource person Professor Padmakumar Nair, Dean of TSLAS, emphasized on the need for implementing outcome based education in classrooms to improve the quality of teaching-learning process.



Workshop on **PERSONALITY GROOMING AND EFFECTIVE COMMUNICATION SKILLS** (31/05/22)

An illuminating workshop on Personality Grooming and Effective Communication Skills was conducted by the dynamic resource persons from PCTE. They enlightened the educators about how they could demonstrate mastery over their personal style and make all the difference by dressing in the right way, through the concept of power dressing.

Workshop on **DIGITAL RESOURCES** (10/03/22)

To empower the teachers with the latest trends and best practices of curriculum standards, an insightful and interactive session was conducted by Major Priya Jhingan, the first lady cadet of the Indian Army. She acquainted the teachers with the skills to engage the students in digital learning and open up new possibilities for learning.



Workshop on **WORK ETHICS & OWNERSHIP** (27/09/2022)

A rigorously enlightening session was carried out by the gifted and knowledgeable resource person, Mr. Rishab Sharma, who is a renowned life and leadership coach. He shared his valuable knowledge, expertise and experiences pertinent for reinforcing cooperation and respect among teachers. The workshop included a myriad of engaging and knowledge divulging activities which made the teachers realise the true connotation of Work Ethics.

Students Enrichment & Counseling Programmes

CAREER COUNSELING by Ms. Pritika

An insightful and thought provoking Counseling Session was conducted by the knowledgeable Counselor, Ms. Preetika. She encouraged the students to focus on their careers and choose a career path best suited to their personality, vastly increasing the chances of obtaining success. In addition to this, she also guided them regarding the gamut of overseas education.



MINDFUL MOMENTS

An informative and enriching session was organized at Peace Public School by the futuristic Aakash Institute. Mr. Aman Kumar, Branch Head of Aakash Institute apprised the students about the importance of Mathematics in Science and Technology. The motto of the session was to provide guidance to the students and help them overcome their anxiety and phobia of Maths. On the whole, it was a knowledgeable and fruitful session which aimed to shape and elevate the young minds.



Health is the Real Wealth

A thoroughly informative session, led by the Chief Coordinator of IP Foundation, an NGO, Mr. Prasant Dubey, was held to create awareness among the students about the malignant and pernicious disease, cancer. Throwing light on how lifestyle changes have left today's generation vulnerable to this disease, he explained the causes and prevention measures one should take to keep their health in check. Mr. Dubey enkindled altruistic emotions within the students by asking for their support for his organisation, ending on a humble note and inspiring everyone to help those in need.



PRODUCTIVE SESSION FOR CLASSES IX-XII

Mr. Deepak Verma, Manager of Edusquare held a productive session for Classes IX-XII and shared some crucial tips pertinent to attainment of success in life. He urged the students to maintain perseverance, the essential quality of never giving up. He also highlighted the importance of establishing an aim, subsequently planning to achieve it and finally, executing the devised plan. By reminding the students how important it is to have faith and trust in oneself, Mr. Deepak Verma skilfully guided them on how to climb the steps of the stairway to success.



Career Guidance by Dr. Padmakumar Nair

A knowledgeable career guidance session led by Dr. Padmakumar Nair, Dean of Thapar School of Liberal Arts and Science was held on 1st October. The learned resource person interacted with parents and students, and elucidated how making the correct career choices would help them in attaining happiness and success in life.



OPPORTUNITIES WITHIN THE CAMPUS (JUNIOR WING)

"Children are like wet cement, whatever falls on them makes an impression."

Keeping this maxim in mind, we aim at the holistic development of the students. Kids are given ample opportunities to participate in various intra school activities which aid in building their confidence, unearthing their hidden talent and eliminating stage fear. 'Learning by doing' is the mantra to nurture the young minds.



INQUISITIVE ORATORS
– Hindi Recitation Competition



**Emerging Explorers-
Science Model
Making Exhibition**



**Young Technocrats
-PPT Competition**



**Unveiling Ecstasy –
Freshers Party**

**Unleashing the hidden talent–
Advertisement Competition**



**Dancing Divas
– Solo Dance Competition**



**Nurturing Artists
- Colouring Competition**



**Posing in Poise- Fancy
Dress Competition**



OPPORTUNITIES WITHIN THE CAMPUS (SENIOR WING)

Students are given a multitude of opportunities to unleash their latent talent. Each child is encouraged to explore his or her knack. Experiences beyond the classroom complement and reinforce the qualities developed within it.



Creating Artists –
Skill Competition



Fusion & Fission of Knowledge
– Science And Maths Model Making



Displaying
Culinary Knack-
Non Fire Cooking



Educating
the Onlookers
– Banking Activity



Eloquent Speakers – Debate Competition



Exhibiting Oratorical Prowess –
Impromptu Competition



STUDENT'S Corner

- Budding Bards

Stop Gangsterism

Gangsterism isn't what we do,
It's irrelevant and can harm one or two.

Innocent people are killed for no reason,
But the gangsters are not even sent to prison.

They kill people and hide
Which doesn't make for anyone's pride.

Teenagers get involved in such things,
From here the gangsterism begins.

We should stop gangsterism and make our
country wealthy,
So that each one of us can stay healthy.



Manya, Fairy
VII-D

Memories

I enter the house of memories
Where I hear the echoes of
sweet melodies
The mellifluous song of memories is
sung
In the vibrant room where I had clung.

I enter the room full of stories
Where I used to forget all my worries
The sweet lullabies sung by you
Now seem like a distant dream come true.

Oh dear grandma your actions in my mind
stand vivid.
Grandpa too was loving but outwardly
pretty livid
Here I stand with the aura of dreary
reminiscences
And how can I forget your warm
hugs and affectionate kisses?



Priyanshi Dixit
IX-R

A Girl Child

You kill her in the tummy,
You kill her before her birth
You forget that without her,
You wouldn't have taken birth.

You kill her when she's born
You make her life a mess
You forget to respect a woman
When you don't worship a goddess!

Unborn or born or growing,
Down the Himalayas and
beyond the Vindhayas
Left and right just everywhere
Girls are killed in Mother India.

If this gender killing goes on
There shall be a female dearth
Shame on those who forget
Earth too is MOTHER Earth.

Don't you love her cute call
When she calls mommy daddy
If yes then let her see the daylight
Don't kill her in the tummy.

Hiya Jain
VIII-R



Am I living the way I should?

I cannot know the deep and most beautiful experiences of
joy, while my thoughts are trapped within the dark grey walls of body's
consciousness. In words, I may rejoice but do my actions reveal my beliefs?
Am I living my life in accordance with the teachings I follow? Am I really
adopting it in my dealings with others?

Spirituality does not mean sitting in a church or a temple for 24
hours a day. It means a soul full of spiritual emotions. The
child of God and all other souls are my brothers and sisters.

Spirituality means a life with values based on truth rather
than acquisition of objects or continuous pujas and
such ceremonies. It means a life in which I can
understand and appreciate the importance of
developing good qualities within myself; virtues
such as love, co-operation, honesty, tolerance
etc., a life in which my aim does not have
wheels. But my aim is to make the best of the
life, I am living.



Aarti Arora
XI Commerce

A TRIBUTE TO THE MARTYRS



Avleen Kaur
IX-D

Bhagat, Azad, Bismil's approach,
With nationalism as their coach,
Came to ruin the rule of scars,
And let India out of bars.

Their thoughts and sacrifices always had a scope,
And they passed away with a relinquishing hope
But are we really escorting their ways?
Did we really accomplish their says?

They wanted a country where knowledge is free,
Where the head is held high without fear,
Where words come out from the depth of truth,
Where everyone's patriotic at heart,
Where the mind is led forward by thee,
And that's where freedom, we see.

Although the British decamped from the country,
But the arise hatred for religious unitary
And we too proffered it to segregate ourselves,
With a vision of crucial rebels.

Dislike, hatred and hostility of religion,
Would have been as freedom by us,
But thanks to some auspicious minds,
Who made the constitution even for the unkind,
Which gave us some rights and duties too,
With a true, sympathetic and magnanimous view.

INNOCENCE

If anything is more pure
than 24 carats of gold,
is the latent innocence of a person
who behaves bitter and bold.

The kiddish traits, the remiss attitude
is what we call virtual chastity,
but the one as innocent as lamb
has his core dominated by probity.

Golden heart and silver words
accompanied by a decent mind,
are the attributes accountable for making
a pure soul of exceptional kind.

Alluring ones are always lavish
being rare and scarce.
In this sinful world of egocentric people,
innocence is similarly scattered and sparse.

Enlighten your heart, vanish the gloom
Adorn with morality, sprinkling perfume of innocence,
Helping the humanity to resume
among the creatures with unmindful sense.



Nandita Sharma
XI Science

Nature

Nature! Nature! So lush and green,
The wonder of wonders anyone has seen.
So cool, calm and full of life,
Makes us forget all our strife.
Think of a forest full of trees,
Fluttering and dancing in the breeze.
Cut them down and construct towers,
Wait for ages to get a shower.
The birds that soar high in the sky,
Can we imitate them however hard we try?
Learn to wonder and gape at things
And see the happiness it brings.
We have got such wonderful things,
Do what you can to save a wing.
So that our children in future,
Can see the things we have nurtured.

Rehmat Kaur
VI- J



Like A Star

With my eyes open
I've been watching many dreams
And now they are getting fulfilled
This is what it seems
Because I always believed
That someday my hard work will gleam.

So what I've learnt is
Never fall apart
In any situation
Let things happen
Just have some patience
A day will come
When you'll shine like a star
A day will come
When you will show the world
Who You Are.

Yeah this nasty world
It will try to pull you down
At every moment of your life
But you just have to wear your crown
And give them a big smile
They are just envious of you
Let them do whatever they do.

People will criticise
But you don't have to fight
Just work hard and hard and harder
A day will come
When you will show the world
Who you are
You just gotta shine like a star.

Smayra Chopra
X- D.



Peace and Love



The world is atrocious
I seek some love
Let's spread peace which is symbolised
by the dove.
Let's be kind to everyone we meet,
And be soft as a chapati of wheat.

The festering wounds seek some care,
Get up and learn to share.
The intrusive voices really hurt,
Be polite and bring peace to a spurt.

The pragmatic smiles and loving natures,
Love and warmth is all that it features.
The bouts of benevolence leave marks of respect,
Peace and love get you successful
through even the most arduous aspect.

Even the stern souls hanker for love.
Young, old, strong, weak,
Affection is what they seek.
Let's succour those in need,
For, it's a sign of love and indeed a good deed.

Gurnoor Kaur
IX Rose



A Thousand Years Ago



Sometimes I sit and wonder,
What the earth was like a thousand
years ago?

Did cavemen ride on dinosaurs?
Did men walk on their fours?
But that was a thousand years ago!

Were deserts filled with snow?
Did flowers even grow?
How can I know?
That was a thousand years ago!

Did fish fly and birds live on the shore?
Did UFOs visit us to and fro?
Now I wish someone had a time
machine and picked me to go,
To see what the earth was like a
thousand years ago!

Tazmeen Kaur
VI- R



The Pursuit of Happiness

"Don't ever let somebody tell you that you can't do something, not even me. If you have a dream, you have to protect it. People can't do something themselves, so they want to tell you, that you can't do it either. If you want something, go get it." – Will Smith

Think about that one moment in your life when you wanted to do something so eagerly that you dreamt about doing it all day and night. But just when you started walking towards your dream, you gave it up! You gave it up just because someone told you that you can't do it. At that moment not only did you just give up your dream, but you also gave remote control of your life to someone else. You let others tune the channels of your life as per their wish.



Jaztejvar Singh Gill



जिन्दगी का सफर

पूछा जो मैंने एक दिन खुदा से,
अंदर मेरे ये कैसा शोर है,
हँसा मुझ पर, फिर बोला,
चाहते तेरी कुछ और थी,
पर तेरा रास्ता कुछ और है,
रूह को संभालना था तुझे,
पर सूरत सँवारने पर तेरा जोर है,
खुला आसमान, चाँद, तारे चाहत है तेरी,
पर बन्द दीवारों को सजाने पर तेरा जोर है,
सपने देखता है खुली फिजाओं के,
पर बड़े शहरों में बसने की कोशिश पर जोर है....

एजेंट बंसत
नीवी-रोज



Your Best

If you always try your best
Then you'll never have to wonder
About what you could have done
If you'd summon all your thunder,

And if your best
Was not as good
As you hoped it would be
You still could say,
"I gave today
All that I had in me."

Nancy
V- R



SPORTS BUZZ

ACCOLADES AND ACCLAMATIONS WON – SPORTS SUCCESS STORIES

The bodacious and dynamic sports stars of Peace Public School garnered appreciation for their incredible achievements in various sports events.

Zonal Tournament



U-19 Cricket–Bronze, U-19 Cricket–Gold, U-14 Handball (Boys)–Gold



U-17 (Boys) Handball–Gold, U-14 Badminton–Gold, U-17 Badminton–Silver



U-17 (Girls) Handball – Bronze

**Khedan Vatnan
Punjab Diyan 2022
U-14(Boys) Handball
– Bronze**



**Sahodaya Sports
U-17(Boys) Chess–Gold
U-17(Boys) Carrom–Silver**



Our karate enthusiasts electrified the atmosphere at **6th ISKU National Karate Championship**, Meerut by winning 3 Gold, 2 Silver and 6 Bronze medals.



**The Skating Star -
Vishavjeet Kaur Grewal**

Ace Skater Vishavjeet Kaur Grewal proved her mettle through her stupendous performance at the Roller Skating Federation Games of India. She bagged a Gold medal in the 3000m Road Race, a Silver medal in 1000m Rink Race and One lap Road Race. Adding more jewels in the bounty of her glorious achievements, she clinched two Silver and one Bronze at the U-14 District Roller Skating Championship.

The Karate Mania



Students made the school proud at the 6th International Karate Championship, Kolkata by grabbing 2 Gold and 6 Silver medals.



Karatekas of the school won laurels at the 13th Ludhiana District Karate Championship. The exuberant kids clinched 8 Gold and 5 Silver medals.



Harjas Singh grabbed a Silver medal at the Kickboxing Championship held at Guru Nanak Stadium, Ludhiana.



Our sparkling stars registered victories at the 9th Veer Kwon Do Martial Arts Challenge Cup organised by the Rotary Club Ludhiana by winning 7 Gold, 3 Silver and 5 Bronze medals.

Our talented young sports stars Akshit Jhanji and Parmeet Singh received a thunderous applause at WUKF European Karate Championship. Medal tally was Silver 1, Bronze 1.



Jubilant Junctures

From a Student's Point of View

"Self-care is giving the world the best of you, instead of what's left in you."

Self-care as the name suggests means caring for ourselves and it includes anything you do to keep yourself healthy. From the physical health perspective, self-care has been clinically proven to reduce heart disease, stroke and cancer. Spiritually, it may help us keep in tune with our higher power as well as realize the meaning of our life.

The five dimensions for Self Care

ENVIRONMENTAL: Go for a walk somewhere, breathe in the fresh air, enjoy the sun, enjoy the night sky, avoid littering, reduce waste, use reusable products, recycle, clean your house, and redesign a room.

EMOTIONAL: Talk to someone, reflect, journal, read, indulge in something artistic, listen to music, work out, watch something that lifts your mood, give a vent to your pent up emotions, cuddle, laugh and take a nap.

INTELLECTUAL: Read, listen to audio books, watch documentaries, complete puzzles, be mindful of the world around you, become curious, try something new, tap into your creative/artistic side, take a class, complete a program, and graduate.

PHYSICAL: Work out daily, go for a walk, eat healthily, get your annual checkup, see the dentist, take medications as prescribed, avoid drugs and alcohol, get 7-9 hours of sleep, and see the physician when you do not feel well.

SOCIAL: Meet with friends and family, keep in contact with old friends, volunteer, go out, have fun, engage in healthy social media use, exude positivity, utilize technology when distance is a factor, and have a hearty laugh.

Self-care is essential. Taking care of yourself will lead to a better balance among your dimensions of wellness and lead towards improved overall health and wellness. Life is precious and it is meant to be enjoyed.



Jaztejvar Singh Gill

Momentum Master Stroke



Tech Prodigy, Praneel Tangri notched the first position with his aptitude and competence in the Techno Vanza, 2022 held at BCM, Basant City.

The Galaxy of Intellectuals (2021-22)

Kudos to the vibrant and dynamic students of Class X & XII for a celestial achievement in the Board Exams.

Class 10 Toppers (2021-22)



Nandita Sharma
98.4



Sukhman Gill
97.4



Bandanpreet K Malhi
95.6



Sehajnoor Singh
95.6



Harshita Jain
94.8



Prachi Jain
94.2



Charvi
94



Japneet Kaur Purba
94



Anayra
93.8



Shyla Garg
93.4



Angad Pal S Sahota
92



Ritesh Bansal
91.2



Lavanya Gupta
90.8



Yuvraj Singh
90.6



Illustrious Achievement

Jasmine Multani has yet again made the school proud by making it to the prestigious IIT Mumbai. Kudos to her for embellishing the school's meritorious record further with her admirable accomplishment.

Class XII Toppers (2021-22)

Above 90%



Dhruvika Mahajan
Comm.-95.8



Roopika Jain
Comm.-95.2



Raghav Bansal
Comm.-94.8



Loveleen Sekhon
Comm.-94.6



Hriday Goyal
Comm.-94.2



Mudit Jain
Comm.-93.2



Ankur Jain
Comm.-92.4



Manmeet Singh
Comm.-92.4



Uday Bansal
90.2



Jassika Gill
Humanities-96.4



Anayat Kaur Sandhu
Humanities-91.6



Parmeet Kaur
Med.-97



Jasmine Kaur Multani
Non-Med.-95.4



Jasnoor S Aulakh
Med.-93



Chirag Garg
Non-Med.-91.4



Ayush Kumar Kharwar
Non-Med. 91.2



Naman Srivastava
Non-Med.-90.4



Samiksha Mittal
Non-Med.-90.2